

Montag		Dienstag		Mittwoch	
Stream 1	Stream 2	Stream 1	Stream 2	Stream 1	Stream 2
	09:00h (TH) Agilando		10:15h (JB) (MS) Agilando		
10:30h (Jan) Muskelaufbau ca. 30 Min			11:30h (JB) (MS) Zumba Gold	10:30h 20Min (Sony) HIIT: Hoch intensives Intervall Training	
	15:00h (SC) Tanzspass Kids 6-8 Jahre		15:00h (HH) Tanzspass Kids 3-4 Jahre		
16:00h (JB) Agilando für Parkinson Patienten	15:45h (SC) Tanzspass Kids 3-4 Jahre		16:00h (HH) Tanzspass Kids 5-6 Jahre	15:30h (Jan) Muskelaufbau ca. 30 Min	15:00h (JU) Kids ab 20 Monate
16:45h (BE) Hip Hop ab 10 Jahre	16:45h (CW) (SC) Jugend WTP 2		16:45h (JU) Theraband Workout		16:00h (JU) Oberkörper Workout
17:45h (BE) Hip Hop ab 14 Jahre	17:30h (CW) (SC) Jugend Bronze-Gold	17:00h (SC) Zumba Kids ab 8 Jahre	17:30h (JU) Hip Hop 8-9 Jahre	17:00h (SF) Hip Hop ab 10 Jahre	17:00h (SC) (BO) Jugend Bronze-Gold
18:30h (LL) Steppen	18:15h (MS) (CI) Jugend WTP 1	18:00h (SC) Line Dance	18:30h (Anni) Bauch Beine Po 30 Min	18:00h (SF) Hip Hop ab 14 Jahre	18:00h (JR) (SC) Jugend Master Class
19:15h (LL) Steppen	19:00h (JB) Line Dance Stufe 2	19:00h (SC) (BO) Disco Fox Figur aus 2011	19:00h (JU) Erwachsenen Master Class	19:00h (LL) (AK) Erwachsenen Master Class	19:00h (JR) (SC) Erwachsenen WTP 1
20:00h (SF) Zumba	20:00h (MS) (CI) Erwachsenen Medium	20:00h (Tim) Muskelaufbau intensiv ca.30Min	19:45h (TH) „Durchtanzen“ Master Class	20:00h (LL) (AK) Erwachsenen Medium	20:00h (JR) (SC) Erwachsenen Master Class
20:45h (BE) Hip Hop ab 18 Jahre	21:00h (JB) (MS) Erwachsenen Master Class		20:30h (TH) Erwachsenen Medium		

Kids

Hip Hop

Jugend

Studio

Erwachsene

AK = Alexandra

BE = Bozi

BO = Ben

CR = Christin

CW = Christoph

CI = Chrysa

HH= Hannah

JB = Jörg B.

JR = Jörg R.

JU = Julka

KN = Kolja

LL = Lars

MS = Marcel

SC = Saskia

SF = Steffi

TH = Tobi

Donnerstag		Freitag		Samstag		Sonntag	
Stream 1	Stream 2	Stream 1	Stream 2	Stream 1	Stream 2	Stream 1	Stream 2
09:30h (Anni) Bauch Beine Po ca. 30 Min	09:30h (TH) Linedance Stufe 2						
10:30h (BE) Fit dank Baby	10:30h (TH) Linedance			11:00h (Tim) Muskelaufbau intensiv ca. 30Min			14:30h (JB) Line Dance Stufe 1
15:00h (AK) Tanzspass Kids 7-9 Jahre			15:15h (CI) Hip Hop 9-13 Jahre	15:00h (Anni) Bauch Beine Po ca. 30 Min.		15:30h (LL) (AK) Salsa Club	15:30h (MS) (BE) Jive Master Figur aus 2014
	16:00h (JU) Hula Hoop Workout	16:00h (Jan) Muskelaufbau ca. 30 Min.	16:00h (CI) Hip Hop ab13 Jahre	16:00h (JR) (CR) Erwachsenen Master Class		16:30h (SC) (CW) Erwachsenen Master Class	16:30h (MS) (BE) Erwachsenen Medium
17:00h (SF) Hip Hop für alle	17:00h (SC) (MS) Jugend WTP 1	17:00h (BE) Hip Hop ab 10 Jahre	16:45h (AK) (LL) Jugend Bronze-Gold	17:00h (JR) (CR) Erwachsenen Medium		17:30h (SC) (AK) Erwachsenen WTP 2	17:30h 20Min (Sony) HIIT: Hoch intensives Intervall Training
18:15h (SF) Zumba	17:45h (CR) Zumba Gold	17:45h (BE) Hip Hop ab14 Jahre	17:30h (MS) (CI) Jugend WTP 1			18:30h (SC) (CW) Erwachsenen WTP 1	18:30h (JR) (CR) Erwachsenen Medium
19:00h (JU) Erwachsenen Master Class	18:30h (JR) Steppen 2	18:30h (JU) Bauch Beine Po	18:15h (SF) (MS) Jugend Master Class			19:15h (AK) (CW) West Coast Swing Club	19:30h (JR) (CR) Erwachsenen Master Class
19:45h (HH) Erwachsenen Medium	19:30h (JR) (CR) Erwachsenen WTP II	19:15h (BE) Hip Hop ab18 Jahre	19:00h (JB) Line Dance Stufe 2				
		20:00h (KN) Ballroom Fit	19:45h (SF) (MS) Erwachsenen Medium Class				20:30h (MS) Werwolf
		20:45h (KN) Zumba	20:30h (SF) (MS) Bachata für Fortgeschrittene				